



ST. GREGORY'S DIVINE SERVICES FOR THE WEEK

Tuesday, November 4 *Venerable Joannicius the Great*

7:00 P.M. Akathist to Christ Our Savior

Friday, November 7 *Thirty-three Martyrs of Melitene*

7:00 P.M. Vespers Divine Liturgy

Saturday, November 8 *Synaxis of the Archangel Michael and All the Angels*

5:00 P.M. Vigil Divine Liturgy

Supplications will be offered for +Anita L. Kornosky, given by husband Bob Kornosky

Sunday, November 9 **Twenty second Sunday after Pentecost**

9:10 A.M. Third Hour

9:30 A.M. Divine Liturgy

The Epistle Reading will be Galatians 6:11-18 and the Gospel will be Luke 8: 41-56. Supplications will be offered for +Nicholas & + Mary Nazak, given by Jodi Hernandez and Family. Please join us in the Church hall following the Divine Liturgy for a time of fellowship and refreshments.

Let no one think, my fellow Christians that only priests and monks need to pray without ceasing, and not laypeople. When the Apostle commanded us, "Pray without ceasing," he meant that we must pray inwardly with our intellect: and this is something that we can always do. For when we are engaged in manual labor and when we walk, sit down, eat and drink, we can always pray with our intellect and practice inner prayer, true prayer, which is pleasing to God.

- St. Nicodemus the Athonite

WINTER PASCHA / PHILIPPIAN FAST - 2025

The Library Ministry is once again sponsoring a **PHILIPPIAN FAST /WINTER PASCHA** program to support the spiritual growth of our parish family as we prepare for the birth of Our Lord.

To participate, please write your name and e-mail address on the sign-up sheet on the table in the vestibule, or send an e-mail to srflynn@comcast.net (Susan

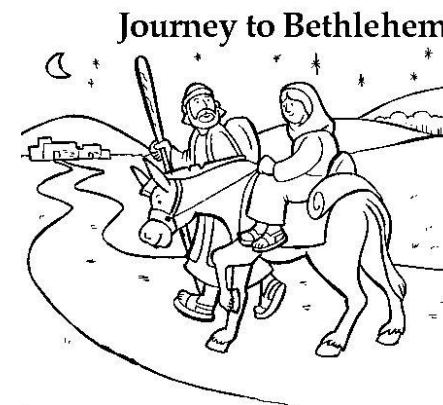
Ruglovsky). Beginning Saturday, November 15th, each participant will receive a daily e-mail with meditations and information relating to the Philippiian Fast and the Winter Pascha.

Please also consider "A La Carte Items" for your personal program:

1. Increase abstinence from meat on Mondays and/or Wednesdays in addition to Friday.
2. Observe a strict fast (abstinence from meat AND dairy/eggs) on any or all of the above days.
3. Do not eat in between meals and restrict the amount of food eaten.
4. Almsgiving to the needy or to charities.
5. Increase time spent in daily prayer and attend additional church services during the week.
6. Suggested reading: *Christ is Born*, published by the Archeparchy and available in our library.

The culmination of **PHILIPPIAN FAST / WINTER PASCHA** program is planned for Sunday, December 14th after the 9:30 a.m. liturgy in the church hall/library. We will gather together to discuss and share our individual Philippiian Fast journey with one another as we prepare for the Nativity of Our Lord and Savior, Jesus Christ.

If you have any questions, please contact Susan Ruglovsky via e-mail or call or text at 412-720-3542.





Prayer to our Guardian Angel

O angel of God, my holy guardian, given to me from heaven, enlighten me this day, and save me from all evil. Instruct me in doing good deeds, and set me on the path of salvation. Amen.

O angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended you every day of my life, and protect me from all influence and temptation of the Evil One. May I never again anger God by my sins. Pray for me to the Lord, that He may make me worthy of the grace of the All-Holy Trinity, and of the blessed Mother of God, and of all the saints. Amen.

“The [guardian] angel will not retreat from us, unless we drive him away by our evil deeds. As the smoke drives bees away, and stench the doves, even so our stinking sin drives away from us the angel who protects our life.”

St. Basil the Great

“Our guardian angels are our most faithful friends, because they are with us day and night, always and everywhere. We ought often to invoke them.”

St. John Vianney

“How great is the dignity of souls, that each person has from birth received an angel to protect it.”

St. Jerome

St. Gregory’s Prayer List

Kindly remember in your prayers our parishioners and friends who struggle with sickness, pain, hardship, or any special need: Charles & Maureen Cerny, Nancy Romza, Andy & Joan Sakmar, Rita Smochko, Michael Sirochman, and Agnes Yanchak.

If you would like to add your name or the name of a loved one to this list, please contact the parish office via phone or email. In the Church vestibule, you are invited to add the names of the sick and any other intentions you would like to be remembered in our Prayer Intention book.

Announcements

Today: ECF Fall Chili Cook-off

Following the Sunday Divine Liturgy, please join us for our ECF Fall Chili Cook-off Fundraiser! When you go downstairs, please quickly grab your coffee or beverage and take a seat. The cook-off will begin with prayer and announcements shortly afterward.

Still need a ticket? Sampler tickets will be available for purchase. These are \$10 each and will get you samples of all chili and dessert entries, a slice of cornbread, a beverage, and five voting tickets to cast for your favorites! Additional voting tickets will also be available for purchase, and full bowls of chili with cornbread will be sold for \$5 each after sampling ends and until sold out.

The chili and dessert that receive the most voting tickets by the end of the cook-off will each win \$25, and two additional \$25 "Sampler Prizes" for our voters will be drawn from among the voting tickets. Thank you for your support, and please enjoy this tasty and fun fundraiser! All proceeds will go to the many ECF programs we have for our children and teens at St. Gregory.

Our Sympathies

Our prayers and sympathies are extended to the family and friends of +Patricia Ann Paslowski who was buried on Wednesday, October 29th. May the Lord commit her soul to the place where the just repose, and may her memory be eternal – Eternal Memory!

Tuesday: Akathist to Christ Our Savior

As we continue the month of November, we will celebrate on Tuesday evening, November 4th, at 7:00 p.m. the Akathist Hymn to Jesus Christ Our Savior. Come and join us for this time of prayer.

Feast of St. Michael and Angels

On Saturday, November 8th, we celebrate the Synaxis of Archangel Michael and All Angels. To celebrate this feast day, we will have on Friday evening, November 7th, a Vespers Divine Liturgy at 7:00 p.m. Join us as we honor all the heavenly bodiless powers.

Prayers for the Living & Deceased

In preparation for the year 2026, we ask that if you have any special dates throughout the year on which you would like to have prayers offered for the living or for the blessed repose of your loved ones, you please contact the parish office now to reserve that day.

Men's Club Meeting

Following the Divine Liturgy next Sunday, November 9th, a very important Men's Club meeting will take place in the parish library. We invite all St. Gregory's men who are interested in being part of this organization that promotes camaraderie, and sponsors parish events and projects. During this meeting we will plan different events and future projects.

Honoring our Veterans and Military Personnel

Again, this year in a special way, on Saturday & Sunday, November 8-9, we will honor St. Gregory's Veterans and Military Personnel. This celebration will include prayerful supplications and a blessing at the conclusion of the Divine Liturgy. If you served in the armed forces of our country and are planning to attend this celebration, please notify the parish office by Friday, November 7th.

Prayer of the Sixth Hour & Soup

On Thursday, November 13th, at 12:00 noon, we will have the Prayer of the Sixth Hour followed by soup and bread in the Church hall. If you are at home, come and join us for this time of prayer and fellowship.

Entrance of the Theotokos and LLL

On Friday, November 21st, we will celebrate the Feast of the Entrance into the Temple of the Mother of God. To celebrate this Feast Day, Divine Liturgy will be celebrated at 11:00 a.m. followed by lunch in the Church hall. This is part of our "Liturgy, Lunch, Library" program sponsored by our Library Ministry. You can explore our collection of books and other materials to deepen your mindfulness as the Nativity of Our Lord approaches. Set aside some time to pray, enjoy fellowship and food. Hope to see you there!

Wedding Anniversary Celebration

On Sunday, November 30, we will honor at St. Gregory's all our couples who are celebrating their 10th, 15th, 20th, 25th, 30th, 35th, 40th, 45th, 50th, 55th plus wedding anniversary in 2025. If you wish to participate in this celebration, we ask that you please contact the parish office immediately.



Collection- May God bless you!

The total for Sunday, October 26th, 2025, was \$5,160.92 (Envelopes: \$2,590.00; Online: \$847.60; Loose: \$208.00; Candles: \$65.00; Children: \$8.00; Maintenance: 772.32; ECF: \$10.00; Holiday Food Bank: \$660.00). *The QR code will take you to our donation portal. Your engagement, support and prayers are very much appreciated.*

November Book Club - You're invited!

Join us on Tuesday, November 18th at 6:30 p.m. in the Church Hall for a stimulating discussion about Percival Everett's National Book Award Winner and NY Times bestseller, JAMES. Named one of the ten best books of 2024.



This is a brilliant retelling of Mark Twain's canonical novel Adventures of Huckleberry Finn (1884) from the perspective of Jim, an enslaved man. JAMES delves deeply into the themes of morality, the nature of freedom, and enslavement.

Books are available in the back of the church.

Calling All Bakers!!!

We've got ambitious plans for our annual TASTE OF HEAVEN Cookie Sale on Saturday, December 6th from 9:00 a.m. – 12:00 noon. This year the Women of Faith have established a goal of 50 bakers from our parish family who we are asking to bake 15 dozen cookies (if you can!) for the event. They will be sold to the public in a "cookie walk" style, with specialty and "ethnic" cookies packaged separately.

We are also planning "community baking" sessions on Monday, November 3rd, Tuesday, November 11th and Wednesday, November 19th starting at 9:00 a.m. each day. The intent is to ensure we have sufficient cookies for our prewrapped "Grab & Go" trays and to have more cookies to sell. We sold out early last year!

**Please sign up on the sheet on the table in the Church vestibule
for our community baking sessions.**

More information and sign-up sheets for cookie sale bakers and volunteers will follow. Please refer questions to Susan Ruglovsky (srlynn@comcast.net; 412-720-3542) or Dorothy Mayernik (dk-may@verizon.net ; 412-310-0521). Looking forward to another successful and delicious event!

"In the evening of life, we will be judged on love alone."

Saint John of the Cross